

## Social Media Shoots

Fast-paced, fun shoots to boost your flatlay game and keep your social media channels stocked with images for months.

Using natural light for an Instagram-friendly lifestyle aesthetic and shot in square aspect ratio, a social media shoot will provide 100 vivid images.

Get your friends, colleagues and pets involved, having more people involved makes it fun and helps to create diverse images.

Your selected shots will be colour adjusted and cropped to provide vibrant finished images.

### Checklist

- Locations
- Products
- Food props
- Non-food props
- Backgrounds
- 1-2 people to assist

### Typical schedule

9am Meet at location. Coffee. Walk through products, packaging, props and location.

9.30am Set up and start shooting.

1.00pm break for lunch and fresh air.

1.30/2pm resume shooting

4.30pm Stop shooting. Clean up the mess and pack up.

5.30pm Decompress after an exciting day.

### Rates

£500 per day including 100 high res images

£75 Pre-shoot location visit (recommended)

Stylists and assistants available.

### Useful links

<https://www.backgroundsprophire.co.uk>

<https://www.photoboardz.org>

<https://www.creativitybackgrounds.co.uk>

<http://capturebylucy.com/backdrops>

