

# Coconut date vegan frosting

Takes 10 minutes, makes enough for a medium cake and uses a food processor

## INGREDIENTS

200g fresh dates, pitted (approximately 180g)

15g desiccated coconut

50g coconut milk

## DIRECTIONS

Place the pitted dates, desiccated coconut and coconut milk in a food processor, leave to run for a few minutes, stopping to scrape the sides down periodically.

Once you have a reasonably smooth brown paste, flecked with dark bits of date skin you're ready to go!

